

# Johanne D. Edwards, DNM, PhD

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## SUMMARY

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Doctor of natural medicine specializing in educating people on how to live wholesome and empowered lives. Consultant with abundant experience helping people overcome their resistance to change and find personal transformation. Creative problem solver, scientist, and life-long learner with a desire to coach others and encourage them to make the connection and the shift between life style, traumatic life events addiction and illness.

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## HIGHLIGHTS

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### HUMAN DEVELOPMENT

- Conducted one-on-one coaching sessions in the areas of trauma recovery, addiction recovery, diet, supplementation, detoxification, and goal-setting.
- Completed 1,000-hour practicum and dissertation, *Trauma and the Quantum Leap*, for doctoral and Ph.D requirements. Dissertation examines how trauma recovery can be orchestrated through a protocol of group dynamics, facilitating the quantum leap (a transformative shift in perception). This thesis, therefore, describes a new concept in alleviating disease; and demonstrates a correlation between traumatic life experiences and illness.
- Created life transformational seminar, Adventures in Excellence, a two-weekend process with a 30-day follow-up process in between. Coordinated and facilitated Adventures in Excellence for 1,000 plus participants. Adventures makes possible spontaneous healing, recovery from addiction, and emotional maturation and growth.
- Established contract with the Windsor Family Forum (a government referral program) to process male perpetrators of domestic violence, sex offenders, and addicts through the Adventures in Excellence curriculum.
- Developed and designed weekend outdoor retreats for women healing from abuse, child loss, domestic violence, and other issues and a one-day outdoor retreat for children. Utilized experiential processes including sweat lodges, meditation, and dance, to aid women and children in building confidence and self-esteem.
- Developed and conducted the Adventures in Attitudes Seminar Series and the DiSC Personality Profile System. Designed and developed additional workshops and seminars with topics including meditation, relationship building, weight management, essential oils, stress management, and healing the past.

### BUSINESS & INDUSTRY

- Program manager for the first blow-molded fuel systems for the GM small car group from program release to launch as a Tier 1 supplier.
- Managed overall project and supervised industrial engineering for GM's first cruise control circuit board assembly lines.
- Developed, wrote, performed, and designed manufacturing philosophy, facility and capital investment, and business center and competitive analysis for multi-million-dollar offshore circuit board assembly facility for Delco Electronics, a subsidiary of GM.
- With Leadership Connection, counseled businesses in strategic planning, visioning, brainstorming and implementation. Transformed over 30 companies and several non-profits (March of Dimes, Habitat for Humanity, and others).
- Authored *E=MC<sup>2</sup> Relative to Business: How Would Albert Einstein Run a Business?*, detailing how managers can create a work environment where employees are liberated from fear of change and can become a part of providing innovative solutions to historically problematic cost issues.

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## PROFESSIONAL EXPERIENCE

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### EXCELLENCE TRAINING, LLC

*Owner/Coach & Facilitator*

Provided one-on-one coaching and group work delivering support and guidance for emotional and physical health.

Linden, MI

2001 – Present

### LEADERSHIP CONNECTION

*Owner/Business Consultant*

Provided team-based strategic planning to help businesses and organizations take full advantage of the strengths of their teams.

Grand Blanc, MI

1992 – 2001

### DELCO ELECTRONICS (GM SUBSIDIARY)

*Project Manager, Internal Business Consultant, Facility Engineer*

Coordinated the development and design of manufacturing business centers for both new and existing facilities. Developed implementation teams with union and management to execute those business ventures,

Flint, MI

1986 – 1992

### AC SPARK PLUG (GM SUBSIDIARY)

*Industrial/Value Engineer, Sales, Quality and Manufacturing Management*

Supervised both manufacturing and quality departments for automotive assembly and daily plant operations, worked as laboratory materials test specialist, performed value engineering (cost containment) and industrial engineering (manufacturing workplace design) methods. First female sales merchandiser for GM.

Flint, MI

1972 – 1986

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## EDUCATION

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### QUANTUM UNIVERSITY

*Doctorate, Natural Medicine*

*Ph.D., Trauma and Addiction Recovery*

Honolulu, HI

June 2018

### SPRING ARBOR COLLEGE

*Bachelor of Arts, Human Resource Management*

Spring Arbor, MI

June 1986

### MOTT COMMUNITY COLLEGE

*Associate in Material Science, Chemical Laboratory Technician*

Flint, MI

June 1970

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## SKILLS & KNOWLEDGE

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- Trauma & Addiction Recovery
- Personal Development
- Nutrition/Supplements/Detoxification
- Weight Management
- Workshop Design/Event Planning
- Quantum Biology
- Neuroscience
- Industrial and Value Engineering
- Project Management
- Business Development/Strategic Planning

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## SPECIALIZED TRAINING HIGHLIGHTS

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### CERTIFICATIONS

- Hypnotherapist/Time Line Therapist/NLP Practitioner
- Change Your Mind Facilitator, Dr. Joe Dispenza
- Matrix Energetics Practitioner, Dr. Richard Bartlett
- Human Potential Trainer Certification

### TRAININGS

- Gerson Cancer Therapy
- Raw Food/Veganism/Vegetarianism Food for Life
- Diabetic Protocol/ Muscle Testing
- Standard Process Supplementation/Ketogenic Diet/Intermittent Fasting

*See "Courses and Seminars" for more detail.*

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*Résumé*